



Understanding your Viverant Health Care Costs

Viverant’s goal is to provide you with the highest possible care at a competitive price. To help better understand potential billing scenarios, we have included a sample table with insurance processing examples below. Viverant accepts all major credit cards, as well as patient HSA and FSA cards. Please talk with your Office Manager to better understand your specific payment options.

For **patients utilizing insurance**, co-payments/co-insurance will be collected and applied to this initial charge. Viverant does **NOT** accept out of network insurance; instead offers self-pay rates that are a cheaper alternative to billing out of network insurance. For those of you with out-of-network plans who would like your insurance billed, you may do so on your own, but are still responsible for paying Viverant’s self-pay cost at time of service.

For **patients utilizing ‘Self-Pay’**, please note that payment in full is due at time of service. Viverant will not submit any claim to insurance, and will not require insurance information of you.

Example Billing Scenario

Visit Type	Estimated Balance due to patient if your insurance plan is:						
	Out of Network	Self-Pay**	In-Network with Deductible*	In-Network with Coinsurance (Deductible has been met)			In-Network with Copay
				10%	20%	30%	
Initial Evaluation	\$405	\$70-140	~\$220	\$22	\$44	\$66	Ex: \$25
Follow-up	\$297	\$70-140	~\$135	\$13.50	\$27	\$40.50	\$25
Re-Evaluation	\$396	\$70-140	~\$160	\$16	\$32	\$48	\$25

*Amount owed by patient varies by patients’ insurance plan, as Viverant’s in-network “allowed” rates vary by insurance company

**Self-Pay visits range from \$70, to \$140, depending on services rendered and duration of care:

- Physical Therapy, Physical Therapist-led Pilates: \$70 for 30 minutes, \$105 for 45 minutes, \$140 for full hour
- Nutritional Counseling, Performance Training, Instructor-led Pilates: \$70 for 60 minutes